



THINGS TO DO AT HOME WITH TODDLERS

1. Ask toddler to help make cereal in the morning

Let us have cereal for breakfast this morning. We will need bowls to eat out of. How many bowls do you think we need? Can you please get the bowls for us? We also need spoons to eat with. How many do you think we need... 1... 2... so can you please get 2 spoons for us. I'll get the milk out of the fridge and the cereal from the pantry. So, let us start... please can you pour the cereal into the bowl please? Thank you for pouring the cereal into the bowls. I will help you with pour the milk into the bowls. Thank you for helping me. Let us now pack the milk and the cereal away.

2. Ask toddler to help with a cutting activity

Today we will cut up a banana. Can you please bring me a banana from the fruit bowl? Thank you for bringing me the banana. I will get the knives that we will use. Can you please peel the banana for us? If you need help peeling the banana, I will help. Okay, so let us place the banana on the chopping board. Take the knife and slice into the knife like this. Now it's your turn to slice the banana. Once we have sliced the banana let us place it into a bowl for us to snack on. Thank you for helping me slice a banana.

3. Ask toddler to help with a fruit salad

Let us make a fruit salad for lunch. What do you think? That sounds delicious. Can you please get the apple from the fruit bowl for us? Thank you for the apple. Can you now please get the banana from the fruit bowl? Thank you for the banana. Please can you get kiwi from the fruit bowl? Thank you for the kiwi. Please get the tangerine from the fruit bowl for us. Thank you for the tangerine. Please can you collect a nectarine from the fruit bowl? Thank you for the nectarine. We now must peel each of the fruits. Can you please help me peel the fruit? Can you please peel the banana and I will peel the kiwi for us? Thank you for your help. Now, can you please peel the tangerine? Thank you for your help! So I think we should rinse the apple and the nectarine, what do you think? Come with me and I'll show you how to rinse the apple, and you can then rinse the nectarine. We will need a chopping board to cut the fruit on and we will need bowls for the fruit. How many bowls do you think we will need? 1 for me and 1 for you. So, we will need 2 bowls. Please can you get the bowls for us and I will get the chopping board. I also got the knives that we will make use of. Can you please chop up the banana for us?

And when done, please can you share it between the two bowls. Now can you please chop the kiwi for us. And share it between the two bowls. Can you please chop up half the tangerine and I will do the other half, and we can each please our halves into a bowl? Please help me chop up the nectarine and when we are done, we can place them into the bowls as well. The apple needs chopping as well before we forget. Please help me with the apple and place half into one bowl and the other half into the other bowl. I forgot we will need some sort of cutlery to eat our salad with. What do you think would work great? I think a fork. So, can you please get each of us a fork. Thank you for the fork and thank you for helping me make the fruit salad for us for lunch.

4. Ask toddler to help peel a boiled egg

I boiled a couple of eggs for us. Do you think you could help me peel the eggs? I boiled them earlier on and placed them in cold water, which means they should be cold enough for you to help me peel them now. I will show you how to peel one, and then you can peel your own egg. What do you think of that idea? So, we start by cracking the egg, I usually use a spoon to tap onto the egg to get a good crack onto it. Like this. Look, now I pick at the eggshell and just pull it off, until I have done the whole egg. Would you like to try? Great we have now peeled all the eggs. We can either snack on them or we can place them in a Tupperware bowl and put them in the fridge for later.

5. Ask toddler to help butter toast

I have toasted some bread for us. Can you please help me butter the toast? Can you please get a butter knife from the cutlery draw for us? Thank you for the butter knife. Can I show you how to spread the butter on the warm toast? Then you can butter your own slice? Now you have a turn buttering your toast. Once we are done, we can place them into plates. I forgot to get plates. Can you please get each of us a plate? How many plates do you think we will need? Get one for you and get one for me. Thank you for the plates. Now let us place our buttered toast into the plates and have a quick little snack. Thank you for your help. I appreciate it.

6. Ask toddler to help wash up the dishes

So we need to clean up the big mess we have made in the kitchen. I have filled a bucket with water and dishwashing soap, and I filled another bucket with only water. Today I would like to show you how to wash the dishes. We will make use of the sponge to wash the dishes. Also, once the dishes are washed and rinsed, we need to dry them using a drying cloth.

We start by placing a dirty dish into the soapy water, use the sponge and run it along the dish, like this. Once I am happy that the dish is clean, I place it into the water that doesn't have soap in it to give the dish a good rinse. The dish is now rinsed and needs to be dried before we can pack it away. Look how I dry the dish. Now it's your turn wash a dish, rinse the dish and dry the dish. Have a go. Thank you for helping me wash up the dishes.



7. Ask toddler to help hang up washing

It is such a beautiful day and I think we should do some washing. Would you please help me hang up the washing so it can dry? I have made a smaller drying rack for you. I also have a basket for you, where I have put some pegs into. I will hang up one item of clothing to show you how to do it, and then you can have a turn hanging up an item. Take your shirt by the ends, throw it over the line, take a peg and peg it to the line. As easy as that. Now you have a turn. I will be here the whole time, so if you need help, just ask. Thank you for helping me with the washing today.

8. Ask toddler to help fold washing

Now that our washing is dry, we will need to fold them up neatly before we place them back into the cupboards or draws where they belong. I will fold up one small tea towel to show you how to do it, and I will ask you to fold up the rest of the tea towels for me. Take the corners and run them over to the other side. Perfect. Run your hand over the whole tea towel to make sure it is nice and flat and ironed with your hand. Now you have a turn to fold the tea towel. Great. Thank you for helping me fold tea towels.

9. Ask toddler to help wash windows

I have a spray bottle with water and window wash inside of it, and I have some cloths for you and me to make use of. Today, we can wash the windows. Here is your cloth and this is my cloth. I will show you how I spray the water mixture onto the window, and then use the cloth to wipe off the dirt and the water from the window. When I am done, you will have a turn to show me how you can wash the window. Now it is your turn. Remember I will be here with you the whole time in case you need a hand. Thank you for helping me with the windows today.

10. Ask toddler to help pack the dishwasher

Will you please be so kind to help me pack the dishwasher? Can you please bring me your cutlery that you used this evening for dinner? Thank you for bringing it to me, now can you please place the dirty cutlery into the cutlery holder that goes into the dishwasher? Thank you for placing the dirty cutlery into the cutlery holder. Now, please can you get your used plate from the dinner table and place it in the dishwasher for me? I will show you how to stand a plate upright in the dishes rack. Now you have a turn to place your plate in the rack for me please. Thank you for helping me pack the dishwasher.



11. Ask toddler to help repack the cutlery drawer – add a picture to the tray

Our cutlery draw is such a mess. Can you please help me to repack it today? I have printed pictures that I have placed in the draw so you can see, which item goes where. Come I will show you. Now can you please place the spoons in the spoon section? Thank you for doing that for me. Please can you now place the forks in the fork section? Thank you for your help. Please can you place the knives in the knife section of the cutlery tray? Thank you so much for your help. Finally, can you please place the teaspoons in their section of the cutlery holder? Thank you for your help rearranging the cutlery holder.



12. Ask toddler to help make snack plate

Please can you help me make us a snack plate today? I have taken the ingredients out of the fridge, but I will need your help to rinse vegetables if needed, and to please help me slice the vegetables and or cheese and place it in plates for us. So, let us get plates from the cupboard. How many plates do you think we will need? One for you and one for me. Can you please get us each a plate from the cupboard? Thank you for bringing the plates. I will show you how to rinse the cherry tomatoes in this bowl of water that I got ready for us, and then will you please rinse the rest of the tomatoes, the cucumber and the sugar snap peas please? Thank you for rinsing all the vegetables for me. Now remember when we did the cutting of the banana? Can you please cut the cucumber for me? I will show you how I cut them, and then you can cut the rest. When done, please place half in your plate and half in my plate. Thank you for cutting and placing the cucumbers for me. Can you please place cherry tomatoes in your plate and in my plate? Thank you so much. Please can you place sugar snap peas in my plate and in your plate? Thank you for your hard work. Lastly let us slice some cheese for our snack plate. I will cut a slice and then you can do the rest. How does that sound? Now it is your turn to slice the cheese. When you are done, please place some cheese in your plate and some in my plate. Thank you so much for your help today when making the snack plate.

13. Ask toddler to help dust

Please will you help me dust the tables today? I have a special duster just for you, and I have one especially for me. Look, I will show you how I dust the table, and then when I am done, you can have a turn. What do you think about that? Now you have a turn dusting the table. Thank you for helping me dust the table. When we are done, we need to place the dusters back in the correct places. Don't forget.



14. Ask toddler to help sweep

I messed breadcrumbs on the floor in the kitchen, please can you get your small broom and help me sweep them up? Thank you for bringing your small broom. Now please can you get the dustpan and small broom as well so we can pick up the breadcrumbs, and go throw them outside for the birds to eat? Thank you for bringing the dustpan and the little broom. I will show you how to sweep the crumbs together. Great now it is your turn to have a sweep. Thank you for helping me sweep the crumbs. Now I will show you how to sweep up the breadcrumbs with the small broom and dustpan. Now you have a turn to sweep up the breadcrumbs. Thank you for your help. Let us go throw them outside for the birds to eat. Thank you for helping me sweep up the breadcrumbs and throwing them outside for the birds to eat.

