



Week 5

Theme: Needs of Man

What do we need to live?

During this week we will be looking at the very basic things we as humans need to live.

Please use the topics as reference for discussions with the children in a relaxed and informal manner.

We basically need:

Clean air to breathe

Water

Food

Clothing

Shelter

During the next few weeks these topics on Needs of Man will be discussed in more detail.

When discussing clean air with the children we might point out that Covid 19 brings some relief with regards to the pollution in our world. Because many factories do not operate at full during this time. They are not polluting the air or water or earth so much.

Look at the uses of water. Highlight the importance of rain to the children. Water influences farmers and if they have no water their crops can not grow.

We need nutritious food to nurture and grow our bodies. Discuss healthy food when cooking at home. Name the different food types and point them out. Allow children to take part in the preparation of meals. They can also count out the number of veggies or fruits that you are going to use for the meal.

Allow children to help sort out their clothing cupboards. Move summer clothes to different shelves or start a box for donations of clothing that is too small and drop off at church or a children home after lockdown. In week 6 we discuss clothing in more detail.

Shelter may be discussed by talking about different kinds of shelters. Humans live in different kinds of homes all over earth. We can look at shelters for animals as well



and what do they do create shelters for themselves. If you have a large box at home allow your child to build their own home inside the box.

Allow them to paint or draw on the outside and insides of the box. Sometimes a very small personal space creates a lot of security to the little ones.

MONDAY 18TH:

- **Morning Video** – Bible Story
- **Montessori presentation video** – Land Air and Water
- **Zoom session with Kim and Augusta at 11:00 & 11:30 –**
What dissolves in water: (please can everyone that joins in have all items ready)
 - Salt
 - Sugar
 - Gelatin powder
 - Flour
 - Pepper
 - 5 clear glasses
 - Water
 - Teaspoons to stir each glass

TUESDAY 19TH:

- **Oggend Video** – Storietyd
- **Montessori presentasie** – Die sif van sand om skoon sand te maak.
- **Craft time to be done at home:** Air, ground, shelter, people, clothes and water. (mixed media activity)



EDEN
MONTESSORI

1. Use blue paint or water paints to paint the top part of the paper to create the feeling of fresh air.
2. Use sand and glue for the bottom part to represent the earth.
3. Build a house with any materials you have at home. We used ice-cream sticks.
4. Build a tree with leaves next to the house, which represents a form of oxygen.
5. We used cotton wool for the clouds and rain drops which represent the water.
6. Let the children cut out the person from the magazine or draw one if you don't have a magazine.
7. You can also cut food from the magazine or draw this item to represent the importance of food.



Example of mixed media art.

WEDNESDAY 20TH:

- **Morning video** - Poem
- **Montessori presentation** – Pre-Reading and Writing exercise. Pattern drawing with your clean sand.
Numbers and Alphabet letters can be practiced in this sand
 - You will need:
 - Clean sand
 - Paper with different patterns drawn on
 - Tray
- **Practical Life Activity to do at home** - Working in the garden at home
 - Equipment needed:
 - Scissors
 - Plastic Bag



Walk around the garden, point out to your child that the weather is changing. It is becoming cooler. Plants also change during Autumn and Winter. They grow very slowly during this time. Look for plants with dead or yellow leaves on them. Show your child to cut the dead leaves off at the base of the plant. Collect the dead leaves or small branches in the plastic bag. If you have a compost heap add these cuttings to the heap.

Direct Aim: To clean up the garden by removing dead parts of plants

Indirect Aim: To teach a love of nature, to clean up the garden, concentration, cutting skills, completion of a cycle.

THURSDAY 21TH:

- **Oggend video** - Bybelstorie
- **Montessori presentasie** – Die verskuiwing van water deur middel van 'n spons
- **Colouring in activity to be done at home**

Needs VS Wants to be done at home:

This activity can be categorised and done by age.

With the younger child we can simply page through a magazine or picture book and point out things we need to live and things we like to have. This is a very basic discussion for them.

Older children may understand this concept better and we can use this activity to condone thankfulness for all the things we have and might take for granted. We may also use this time and activity to sort through old toys and books. We might discuss with them the possibility of donating these items to children in need after lockdown.

Should they choose to they can make a classification chart by cutting out pictures of needs and wants and pasting them on paper. One side for needs and one side for wants.

FRIDAY 22TH:

- **Morning video** – Story time
- **Montessori presentation** – Counting Activity with die and beans
- **Zoom session with Kim and Augusta at 11:00 & 11:30 – chat about the week and show and tell**



- **Craft time to be done at home**

- **Easy Bug Hotel**

- Directions:

Use an empty plastic 2L container

Find a selection of twigs and sticks grasses and bark on your morning walks

Add a pinecone for some flair.

Tie the twigs and sticks together with string

Cut the bottom and top off from the container.

Cut open and insert twigs and sticks.

Tie it all together with more string. Hang it up in a tree or bush in the garden.

Very soon some interesting insect guests will arrive.



Week 6

Theme: Clothing

The basic need for clothing for us as humans is to cover our bodies. No other species on earth wears clothing made from cloth.

When we focus on clothing for this week we can talk with our children about seasonal clothing. We are moving towards winter and we require warmer clothes.

Show them that clothing might tell us what occupation someone does. Firemen will wear protective clothing nurses will wear a uniform.

Allow them to help take care of their clothing. Help sort out the washing by colour. Help to load and unload the washer and dryer. Help to hang clothes if possible. Help to fold clothes and pack them away.

All the activities and videos this week are aimed at allowing them to learn these skills.



MONDAY 25TH:

- **Oggend video** – Die storie van wol
- **Montessori presentasie** – Die vou van lappe
- **Zoom session with Kim and Augusta at 11:00 & 11:30 – Soap and water makes the germs run away. (please can everyone that join in have all items ready)**
 - A flat or shallow bowl
 - Water
 - Dish soap
 - Cotton buds
 - Pepper or glitter

TUESDAY 26TH:

- **Morning video** – The story of cotton
- **Montessori presentation** – Montessori Activity. Opening and closing buttons
- **Gross motor activity to do at home - Plank challenge**

Take 2 hula-hoops if you have or make two circles on the paving with chalk.

Start by placing them very close to each other. Put some folded up balls of socks into one circle. 5 pairs to start with should do the trick.

Play a game with your little one, some children might like a challenge against mom or dad, or some might prefer to observe this activity before they try it themselves.

Get into a plank position and start the clock. Move all socks from one circle to the other one while staying in a plank position.

See how many times you can do this, make the circles further apart for a bigger challenge or add lots more socks.

Any items from home can be used. Lego pieces adds to the intensity of the exercise for the bigger children.



WEDNESDAY 27TH:

- **Oggend video** – Die storie van sy
- **Montessori presentasie** – Cutting with scissors
- **Colouring pictures to do at home** - different types of clothes. See attached. Design different patterns. Get creative and use pieces of wrapping ribbon, coloured paper, any small bits and bobs lying around the house. You Can use the following technique for the craft too.
- Puff paint - Combine the 1 TBSP self-rising flour, 1 TBSP salt, a few drops of food colouring, and enough water to make a paste.
- Mix until combined. The mixture should be pasty and will not be smooth.
- Use cotton swabs as paint brushes and paint a picture. You can also use your fingers to paint. Just make sure you get a thick coating. Thin strokes may not have enough flour and salt to puff up.
- Microwave for 10-30 seconds.
- **WARNING:** Watch the paint in the microwave. Cardboard can start to burn if left in too long. Plus, it's fun to watch the paint bubble and puff while it cooks.
- Let the paint dry completely. When dry, the paint will be hard and will stay puffy.



THURSDAY 14TH:

- **Morning video-** Morning story
- **Montessori presentation-** Sorting and folding socks
- **Activity to do at Home** – Whisking
 - You need:
 - A deep bowl
 - A Whisk
 - Water in a jug
 - Small bowl with Washing powder
 - Spoon

Directions.

Allow the child to pour some water into the bowl. Let them add a small amount of washing powder to the water. The must use the whisk to create



bubbles in the bowl. The more they use their wrists the more bubbles they will see. Empty bowl and repeat as many times as they like.

Direct Aim: Creating bubbles while whisking

Indirect Aim: Patience, concentration, fine-motor movement, strengthening of wrist and crossing the midline.

Extension: add food colouring to water and change washing powder with dishwasher soap for a colour bubble experience.

FRIDAY 15TH:

- **Oggend video** – Bybelstorie
- **Montessori presentasie**– Magneties en Nie-Magneties
- **Zoom session with Kim and Augusta at 11:00 & 11:30 – chat about the week and show and tell**
- **Activity For home:** Practice the folding of clothes.
- Older children can be shown how to sew on a button. Sew the button on any T-shirt you don't really use any more. There are lovely buttons available from Diskonto
- **Colouring pictures attached.**

Have a very blessed weekend